



Broadview Psychology
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Becoming an Effective DBT Therapist with Adolescents and their Families

Broadview Psychology is offering a course on Dialectical Behaviour Therapy with Adolescents on 13 consecutive Fridays from 1:30 until 3:30.

Benefits of this Training Program include:

- Receiving teaching from at least two experienced adolescent and family DBT psychologists.
- Learning within a small group setting that will allow for an interactive approach.
- Participating on a weekly basis, which will allow for the application of what has been learned between sessions and the opportunity to follow up with questions and experiences with the instructors and other attendees.
- Being in the therapeutic setting with access to the clinic's materials.
- Hearing about the application of DBT with adolescents in a private practice setting.

Part A: Basic Introduction to DBT: Understanding the basics of DBT

Sept 15, 2017	DBT Basics
Sept 22, 2017	DBT Therapy Components
Sept 29, 2017	DBT Consultation

Part B: DBT with Adolescents: Learning to provide DBT to adolescents and families.

Oct 6, 2017	Assessment and Case Formulation of Adolescents
Oct 13, 2017	Orientation and Commitment with Adolescents and Families
Oct 20, 2017	Individual DBT Therapy with Adolescents
Oct 27, 2017	Behavioural Strategies with Adolescents
Nov 3, 2017	DBT Skills Training with Adolescents Part 1
Nov 10, 2017	DBT Skills Training with Adolescents Part 2
Nov 17, 2017	Cognitive and Acceptance Strategies with Adolescents
Nov 24, 2017	Inclusion of Parents in DBT Treatment of Adolescents
Dec 1, 2017	Phone coaching and Case management with Adolescents
Dec 8, 2017	To be determined based.

This will be the third time that Dr. Sloss and Dr. Locke have facilitated this DBT training program. They have also recently provided similar DBT trainings to clinical teams at NYGH, Trillium, and will be doing so in the near future through the CMHA, Oshawa Psychotherapy Training Institute and Sheridan College.

The Main Instructors:

Dr. Christine Sloss, Ph.D., C.Psych

Dr. Sloss is a clinical psychologist who completed her doctoral training at DePaul University in the Child, Youth and Family stream. She completed her internship in the Child, Youth and Family Program, and the BPD Clinic at CAMH, where she learned DBT. She continued on at CAMH within various Addiction programs, including the Family Addiction Service and the Eating Disorder and Addiction Clinic, before leaving to open and develop a clinic whose specialization is in providing DBT. She has been in private practice for 9 years and has been the director of Broadview Psychology for 6 years, and as such has been training and supervising many clinicians in the practice of DBT. Broadview Psychology is a large practice that offers DBT programs for different age groups, including preadolescents, young adolescents, adolescents, and young adults, and their families. Christine has continued to receive training advanced workshops and trainings in DBT through ABCT, PracticeGround, and Regular Consultation with highly qualified DBT clinicians.

Dr. Michele Locke, Ph.D., C.Psych

Dr. Davis is a clinical psychologist who completed her doctoral training at the University of Guelph, where her research focused on understanding the determinants of emotion dysregulation and self-harming behaviour in young people. Michele has applied DBT to youth populations in forensic, secure treatment, and outpatient settings. Since graduating, Michele has worked at The Hospital for Sick Children and Broadview Psychology, a private practice in Toronto offering a comprehensive adolescent Dialectical Behaviour Therapy program.

Cost of the Course (plus HST):

	Student Rate **	Regular Rate
Part A: The Basics of DBT	\$200	\$260
Part B*: DBT with Adolescents	\$600	\$760
Part A & B Combined	\$700	\$900

* To be eligible to register only for Part B, please demonstrate prior attendance at DBT workshops and trainings.

** To be eligible for a student rate, please demonstrate student status.